

Boys Rules 2018

1st/2nd Grade:

1. 1 Defense, 3 Midfield, 1 Attack, Goalie Optional
2. Offsides
3. Fast break on penalties (chaser behind)
4. 2 Pass attempts anywhere on field (pass from goalie does not count)
5. No stick checking
6. 12 minute running quarters
7. Attack and defense foot on crease, release after faceoff won
8. Faceoffs
9. Chase shot for possession
10. Substitution on penalties
11. 1 Coach allowed on the field
12. 2 Officials to be used

3rd/4th Grade B

1. 2 Defense, 3 Midfield, 2 Attack, Goalie Optional
2. No restraining line
3. Offsides
4. Attack and defense foot on crease, release after faceoff won
5. 2 pass attempts anywhere on field (pass from goalie does not count)
6. No Long poles
7. No Body Checking
8. Controlled stick checks
9. Scoring is kept
10. No coaches on field
11. Substitution on penalties
12. Fast break on penalty (Chaser behind)
13. 12 minute running quarters
14. 2 Officials to be used

3rd/4th Grade A

1. 3 Defense, 3 Midfield, 3 Attack and Goalie
2. 3 Long Poles (total length of stick including head can not be longer than player)
3. No Body Checking
4. Penalties create man-down
5. No pass rule
6. Scoring kept
7. 4 sec for goalie
8. Goalie in/out in affect
9. 8 minute start/stop quarters
10. 2 Officials to be used